

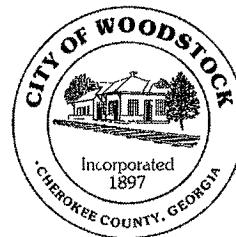
SENIOR MATTERS

WILLIAM G. LONG SENIOR CENTER

Woodstock Parks and Recreation

223 Arnold Mill Rd., Woodstock, GA 30188

Phone: 678-445-6518 Fax: 678-445-4351



May / June 2016

UPCOMING EVENTS

May

**Mother's Day Luncheon
May 6th**

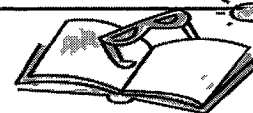
**Senior Picnic
May 12th**

**Cruise to Alaska
May 22nd**

**Center Closed For
Memorial Day
May 29th**

June

**Father's Day Luncheon
June 17th**



INSIDE

**Advisory
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New Members

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**May/June
Calendar,
Trip &
Activity
Details**

**Lotto Drawing
Instructions**

**Birthday
Luncheon for
March/April
Birthdays**

INSIDE THE CENTER

William G. Long Senior Center (WGLSC) Advisory Council

Advisory Council meets every other month at the Senior Center. The next meeting will be May 18, 2016 at 10:00am. A copy of the minutes of each meeting can be obtained from staff.

ADVISORY COUNCIL MEMBERS

Gloria LeVonne, President	E-Mail: glorialevonne@gmail.com
Nelson Quebedeaux, Vice President	E-Mail: nelsongq39@gmail.com
Tom Richardson, Secretary	E-Mail: richardsonthom@gmail.com
Delia Halverson	E-Mail: halversondelia@bellsouth.net
Evelyn Endsley	E-Mail: evelynendsley414@gmail.com
Dolores Setaro	E-Mail: dcsetaro@aol.com
Caryn Rosenberg	E-Mail: carynrose99@gmail.com

Notes from the staff

At a recent meeting, the city council addressed the fee structure charged by the city for various functions and services. Effective July 1, 2016, the membership fee for the William G. Long Senior Center will be \$25.00 per person, regardless of where you reside. This is the first fee increase we have had in 5 years.

Please take notice of our new large awning over our front door! It should keep us dry.....

We will be closing on Friday, May 27th at 12pm due to the refinishing our wood floors in the main room. We will reopen on Tuesday May 31st for normal center hours. Please plan accordingly.

Williams G. Long Senior Center Phone Number 678-445-6518
Preston Pooser, Director of Parks Recreation, ppooser@woodstockga.gov

Marybeth Stockdale Special Events Coordinator mstockdale@woodstockga.gov	Jan Masey Senior Center Coordinator jmasey@woodstockga.gov	Don Payne Recreation Services Assistant dpayne@woodstockga.gov	Heather Gaddis Administrative Assistant hgaddis@woodstockga.gov
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Welcome New Members



Judith Brome	Steve Horne	Mary Horihan	Ted Pavalock	Judith Myers
Edward Johnson	Alice Hurst	Ray Horihan	Nancy Buzza	Ted Albert
Sal Bordonaro	Chuck Davis	Ace Taylor	Raj Patel	Nancy Albert
Charles Fye	Marlene Davis	Ann Taylor	Carolyn Prudomme	Georgia Harrell
Gayle Fye	Ed LaBreck	John Hollingshead	Sherry Wileman	Anita Zemke
Karen Karably	Jim Elder	Red Hoellrich	Jyotsna Patel	Margaret Franklin
Carolyn McGuire	Bonita Cox	Jane Hoellrich	Rebecca Barrett	Peter Pirnie
Eileen Patton	Shirley Ford	Rose Pavalock	Kathleen Barac	Carolyn Pirnie

FOR YOUR INFORMATION

THANK YOU ALL FOR YOUR PATIENCE WITH US WHILE THE NEW SYSTEM FOR PAYMENTS & RECEIPTS IS BEING IMPLEMENTED. IT IS GOING A BIT FASTER AND WILL BE EVEN MORE SO AS WE GET USED TO IT.

WHEN ENTERING OR LEAVING THE SENIOR CENTER PARKING LOT PLEASE SLOW DOWN. PEOPLE ARE BACKING OUT OF PARKING SPACES AND CROSSING THE PARKING LOT. WE WANT TO MAKE SURE ALL OUR MEMBERS ARE SAFE.

LOTTO TICKETS ARE DUE ON TUESDAY BEFORE LOTTO DAY TO BE INCLUDED IN THE WEDNESDAY LOTTO DRAWING. TICKETS TURNED IN AFTER TUESDAY WILL AUTOMATICALLY GO TO THE BOTTOM OF THE LIST OR WAIT LIST. ONLY FILL OUT ONE LOTTO SLIP PER TRIP. DUPLICATE ENTRIES WILL BE THROWN OUT. AND REMEMBER, ONLY TRIPS THAT GO BY BUS NEED LOTTO SLIPS FILLED OUT.

WHEN PAYING FOR TRIPS OR LUNCH IN CASH, PLEASE BRING THE CORRECT CHANGE. WE MAKE DEPOSITS DAILY AND DO NOT KEEP CHANGE IN THE OFFICE. BRINGING THE CORRECT AMOUNT MIGHT SAVE YOU A TRIP BACK TO THE CENTER TO MAKE YOUR PAYMENT. THANKS, JAN & DON

WE HAVE A M.U.S.T. MINISTRIES COLLECTION BARREL IN THE FRONT ENTRY. THEY ACCEPT ALL "CLEAN" CLOTHING, LINENS, AND NON PERISHABLE FOOD ITEMS. DONATIONS ARE TAX DEDUCTIBLE AND IF YOU LEAVE YOUR NAME, DELIA HALVERSON WILL MAKE SURE YOU GET A RECEIPT.

PLEASE BE CONSIDERATE OF OTHERS - DO NOT TAKE ANYTHING THAT DOES NOT BELONG TO YOU (THIS INCLUDES ITEMS IN THE REFRIGERATORS.) IF YOU FIND SOMETHING THAT HAS BEEN LEFT BEHIND, PLEASE TURN IT INTO THE OFFICE.

WHEN TRAVELING ON OUR BUS, PLEASE REMEMBER TO SIT IN THE SAME SEAT FOR THE ENTIRE TRIP, BOTH GOING TO AND RETURNING FROM AN EVENT. THANK YOU!

Don't forget to check out our Senior Center Facebook Page for pictures of our trips & events and LIKE us! Find us at this web address:



<https://www.facebook.com/Woodstock.Senior.Center>



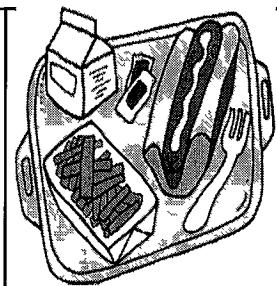


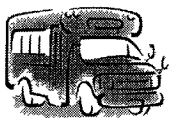
May 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 1:30 Medicare 101 by Senior Health Benefits	3 7:45am Hamilton Rhododendron Gardens	4 3pm Alaska Pre-Trip Meeting	5	6 11:30am Mother's Day Luncheon	7
8 	9 7:45am Nature hike at Sawnee Mtn. Preserve	10 7:45am Jaemor Farms	11 10am Trip Comm. Mtg.	12 12:00pm Senior Picnic	13 10am <u>Bowling</u> 1:30pm Bunko!	14
15	16 8am <u>Cherokee, NC</u> 2pm MOVIE & ICE CREAM "The Intern"	17 7:45AM Roman Holiday River Cruise In Rome, Ga.	18 10am Advisory Comm. Mtg.	19 11:15am Lunch Bunch At The Kani House	20	21
22 4am Depart for Alaska	23	24 3:30PM Comedian Jeanie Robertson	25	26	27 12pm Closing early for floor refinishing	28
29 Return from Alaska	30 Closed 	31				

Wednesday Lunches: At 12:00 Noon unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person prepaid by the Friday before the lunch. Menus posted by the kitchen — sign up in the office.

May 4 \$5.00 Lasagna Salad & Roll Dessert Drink	May 11 NO LUNCH	May 18 \$5.50 Bees Knees Pot Roast w/ Veg. Green Beans Fruit Gelatin Salad Banana Pudding Rolls & Drink	May 25 \$6.00 J D's BBQ Slaw Chips & Dessert Drink	
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May Activity and Trip Details



MAY 2ND - 1:30PM - "MEDICARE 101" PRESENTED BY ALFREDO ORFALE WITH SENIOR HEALTH BENEFITS LLC - THIS PROGRAM COVERS INFORMATION THAT EVERY MEDICARE RECIPIENT WILL NEED TO MAKE THE BEST CHOICE FOR THEMSELVES COST IS FREE AND REFRESHMENTS WILL BE SERVED THE SIGN UP SHEET WILL BE ON THE BOARD

MAY 3RD - 7:45AM - HAMILTON RHODODENDRON GARDENS IN HIAWASSEE, GA - A GUIDED 1½ MILE WALKING TOUR THRU "EASY TO MODERATE" TRAILS, ENJOYING GARDENS BLOOMING WITH MOUNTAIN RHODODENDRONS COST IS AN \$11 00 DONATION, (CASH ONLY) PREPAID BY APRIL 25TH BRING MONEY FOR LUNCH AT ROCCO'S IN JASPER THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:45AM

MAY 4TH - 3PM - "PRETRIP MEETING FOR THE ALASKA CRUISE" - IF YOU ARE GOING ON THIS CRUISE, PLEASE MAKE EVERY EFFORT TO ATTEND THIS MEETING WE WILL HAVE ALL THE INFO TO PREPARE YOU FOR YOUR TRIP INCLUDING DEPARTURE TIMES, PARKING, TICKETS, AND LUGGAGE FEES THIS WILL BE THE ONLY TIME TO ASK QUESTIONS DIRECTLY TO OUR TRAVEL PLANNER, LEE GADDIS PLEASE MAKE THIS A PRIORITY! SEE YOU THEN!

MAY 6TH - 11:30AM - "MOTHER'S DAY LUNCHEON" - JOIN US AS WE HONOR OUR MOTHERS WITH A LUNCHEON ESPECIALLY FOR THEM. LUNCH WILL BE PREPARED BY BEES KNEES, AND AUTHOR/COMEDIENNE POLLY CRAIG WILL BE HERE TO GIVE US HER VIEWS ON MOTHERHOOD MOTHERS ARE FREE, ALL OTHERS WILL BE \$6.00, PREPAID BY APRIL 22ND LIMITED TO THE FIRST 70 MEMBERS WHO SIGN UP THE SIGN UP SHEET WILL BE ON THE BOARD

MAY 9TH - 7:45AM - "NATURE HIKE AT SAWNEE MTN. IN CUMMING, GA" - ENJOY A GUIDED WALK UP SAWNEE MTN THIS WILL BE A MODERATE 2 MILE GUIDED HIKE THAT WILL INFORM US ABOUT THE HISTORY & PLANTS THAT ARE INDIGENOUS TO THE AREA COST IS \$11 PER PERSON, PREPAID BY APRIL 14TH BRING MONEY FOR LUNCH AT THE GOLDEN CORRAL THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:45AM

MAY 10TH - 7:45AM - "JAEMOR FARMS IN ALTO, GA" - WE WILL TOUR THE FARM VIA TRAILER RIDE WHILE LEARNING THE FARM'S HISTORY AND OPERATING PRATICES. SEE HONEY BEE HIVES, PICK STRAWBERRIES (EVERYONE WILL RECEIVE A PINT OF STRAWBERRIES) & SHOP AT THE FARM STORE COST IS \$8 00 PER PERSON, PREPAID BY APRIL 29TH BRING MONEY FOR LUNCH AT SONNY'S BBQ THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:45AM

MAY 12TH - 12PM - "SENIOR PICNIC AT MAGNOLIA HALL" - JOIN US FOR GRILLED HAMBURGERS AND HOT DOGS PLUS ALL THE FIXIN'S COST IS FREE BUT WILL BE LIMITED TO 130 MEMBERS THIS YEAR THE PICNIC WILL BE OFFERED THROUGH OUR LOTTO, SO PLEASE BE SURE TO FILL OUT A LOTTO SLIP FOR THIS ACTIVITY. BECAUSE PARKING IS LIMITED AT MAGNOLIA HALL, A SHUTTLE WILL BE OFFERED FROM THE SENIOR CENTER, EVERY 15 MINUTES-STARTING AT 11:15AM.

MAY 13TH - 10AM - "BOWLING AT STARS & STRIKES" - ENJOY THE FUN OF BOWLING WITH YOUR FRIENDS FROM THE SENIOR CENTER. COST IS \$10 00 FOR 2 HOURS OF BOWLING (PAID AT THE DOOR) WE WILL MEET AT THE ALLEY AT 10AM, AND WE CAN EAT AT A NEARBY RESTAURANT AFTERWARDS. THE SIGN UP SHEET WILL BE ON THE BOARD

MAY 13TH - 1:30 - "BUNKO"

MAY 16TH - 8AM - TRIP TO HARRAH'S IN MURPHY & CHEROKEE, NC OUR FIRST STOP WILL BE AT THE VALLEY RIVER CASINO IN MURPHY, NC WHERE WE WILL SPEND 1 HOUR, THEN ON TO CHEROKEE, NC WHERE WE WILL BE THERE for 5 HOURS COST IS \$10 00 PER PERSON, PREPAID BY MAY 11TH THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8AM, AND APPROX. TIME OF RETURN WILL BE 8:30PM.

MAY 16TH- 2PM - MOVIE & ICE CREAM - "THE INTERN" STARRING ROBERT DENIRO AND ANN HATHAWAY

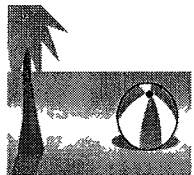
MAY 17TH -7:45AM- "SULZBACHER'S ROMAN HOLIDAY RIVER CRUISE IN ROME, GA".-THIS IS A 2 HOURS NARRATED CRUISE ON THE COOSA RIVER IN DOWNTOWN ROME THE COST IS \$17 00 PER PERSON, PREPAID BY APRIL 21ST BRING MONEY FOR LUNCH AT SONNY'S BBQ THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 7:45AM

MAY 19TH - 11:15M - LUNCH BUNCH AT THE KANI HOUSE IN WOODSTOCK, GA - CHOOSE FROM ONE ENTRÉE (CHICKEN, STEAK, OR SHRIMP) AND INCLUDES SALAD, SOUP, FRIED RICE, DRINK, AND TAX FOR \$12 00 DOES NOT INCLUDE TIP THE BUS WILL LEAVE THE CHURCK PARKING LOT AT 11:15AM

MAY 24TH - 3:30PM- "COMEDIAN JEANIE ROBERTSON AT THE BRANAU COLLEGE/PEARCE AUDITORIUM IN GAINESVILLE, GA"- IF YOU WERE ON THE TRIP TO ASHEVILLE, N C. IN DEC , YOU SAW VIDEOS OF MS ROBERTSON SHE IS A SENIOR FROM NORTH CAROLINA THAT WILL KEEP YOU IN STICHES WITH HER HILARIOUS VIEWS ON DAILY LIFE COST IS \$35 00 PER PERSON, PREPAID BY APRIL 18TH BRING MONEY FOR DINNER AT GOLDEN CORRAL IN CUMMING BEFORE THE SHOW. THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 3:30PM

MAY 27TH-12PM-THE SENIOR CENTER WILL CLOSE AT 12PM TODAY SO THE FLOOR PEOPLE CAN GET STARTED ON REFINISHING THE WOOD FLOORS IN THE MAIN ROOM THANK YOU FOR YOU PATIENCE, AND HAVE A GREAT MEMEORIAL DAY WEEKEND

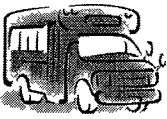
MAY 30TH - CLOSED FOR MEMORIAL DAY



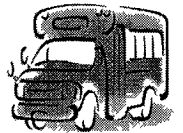
June 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 8:30am The Atlanta Zoo	3 10am-Bowling 1:30pm Bunko!	4
5	6	7 11:15am Lunch Bunch at Keegan's Pub	8	9 8:30am Georgia Archives	10	11
12	13 2pm Movie & Ice Cream "The Martian"	14 9:15am Jim Howe's Tour of Atlanta	15 LOTTO DAY!	16	17 12pm Father's Day Luncheon	18
19 Happy Fathers Day!	20	21 8:30am The 2nd Carter Library Trip	22	23 8:30am Tubing in Helen, GA	24 9-4pm AARP Driver Safety Class	25
26	27 4:30pm Braves vs Cleveland	28	29	30		
Wednesday Lunches: At 12:00 Noon unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person prepaid by the Friday before the lunch. Menus posted by the kitchen — sign up in the office. (prices and menu are subject to change)						
June 1st \$6.50	June 8th \$5.50	June 15th \$5.50	June 22nd \$5.00	June 29th \$5.50		
Honey Baked Ham Sandwiches Chips & Cookie Drink	Grilled Hamburgers Macaroni Salad Beans & Chips Dessert & Drink	Chick Fil A Sandwich Chips Cookie ⁶ Drink	Grilled Hot Dogs Beans & Slaw Chips & Dessert Drink	Arby's Roast Beef Sandwich Potatoes Turnover Drink		



June Trips and Activity Details



JUNE 2ND - 8:30AM - THE ATLANTA ZOO - SEE EXOTIC ANIMALS AND THE BEAUTIFUL FOLIAGE AT THE ZOO. COST IS \$16 PER PERSON, PREPAID BY MAY 26TH. BRING MONEY FOR LUNCH AT THE ZOO. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM.

JUNE 3RD - 10AM - "BOWLING AT STARS & STRIKES" - ENJOY THE FUN OF BOWLING WITH YOUR FRIENDS FROM THE SENIOR CENTER. COST IS \$10.00 FOR 2 HOURS OF BOWLING (PAID AT THE DOOR). WE WILL MEET AT THE ALLEY AT 10AM, AND WE CAN EAT AT A NEARBY RESTAURANT AFTERWARDS. THE SIGN UP SHEET WILL BE ON THE BOARD.

JUNE 3RD - 1:30PM - "BUNKO"

JUNE 7TH - 11:15AM - "LUNCH BUNCH AT KEEGAN'S PUB NOW IN WOODSTOCK"- CHOOSE FROM A VARIETY OF AUTHENTIC IRISH FARE ALONG WITH SOUPS, SANDWICHES, AND SALADS. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 11:15.

JUNE 9TH - 8:30AM - "GEORGIA ARCHIVES" IN MORROW, GA. - IF YOU ARE INTERESTED IN HISTORY & GENEALOGICAL RESEARCH YOU WILL ENJOY THIS TOUR. COST IS FREE. BRING MONEY FOR LUNCH AT THE OAKWOOD CAFÉ AT THE STATE FARMERS MARKET. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM.

JUNE 13TH - 2PM - MOVIE AND ICE CREAM "THE MARTIAN" - STARRING MATT DAMON & JEFF DANIELS.

JUNE 14TH - 9:15AM - "JIM HOWE'S TOUR OF ATLANTA" - THIS TOUR INCLUDES A DRIVE THRU THE BUCKHEAD'S RICH AND FAMOUS RESIDENTIAL DISTRICT, PEACHTREE STREET, AND PARTS OF DOWNTOWN ATLANTA. COST IS \$11.00 PER PERSON, PREPAID BY JUNE 1ST. BRING MONEY FOR LUNCH AT MARY MAC'S TEA ROOM, PRICES START AT 10.95 UP. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:15AM.

JUNE 15TH - 12PM & 1PM - "LUNCH & LOTTO DAY" - ENJOY A CHICK FIL A BOX LUNCH AT 12PM (\$5.50) PREPAID BY THE FRIDAY BEFORE) AND THEN STAY FOR THE LOTTO AT 1PM TO SEE IF YOU GOT ON YOUR FAVORITE TRIPS.

JUNE 17TH - 12PM - "FATHER'S DAY LUNCHEON" - JOIN US IN HONORING OUR FATHERS WITH A SPECIAL LUNCHEON PREPARED BY BUFFALO'S CAFÉ. FATHERS ARE FREE, ALL OTHERS PAY \$6.00, PREPAID BY JUNE 3RD. LIMITED TO THE FIRST 70 MEMBERS WHO SIGN UP. THE SIGN UP SHEET WILL BE ON THE BOARD.

JUNE 21ST - 8:30AM - "2ND TRIP TO THE CARTER LIBRARY" - IF YOU WERE ON THE WAIT LIST FOR THE FIRST TRIP YOU ARE FIRST ON THIS TRIP. THIS WILL NOT BE A LOTTO TRIP, BUT YOU CAN SIGN UP IF SPACE IS AVAILABLE WHEN THE SHEET IS POSTED. COST IS \$6 PER PERSON, PREPAID BY JUNE 2ND. BRING MONEY FOR LUNCH AT RED LOBSTER. BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM

JUNE 23RD - 8:30AM - "COOL RIVER TUBING IN HELEN, GA" - THIS IS A 2 HOUR TUBING TRIP ON THE CHATTAHOOCHEE RIVER IN HELEN, GA. THIS IS WHERE THE RIVER BEGINS AND IS SLOW AND SHALLOW MOST OF THE TRIP. YOU CAN WEAR SHORTS AND A SHIRT OR BATHING SUIT - YOU MUST WEAR WATER SHOES OR TENNIS SHOES. COST IS \$5.00 PER PERSON, PREPAID BY JUNE 16TH. BRING MONEY FOR LUNCH IN HELEN BEFORE WE GET ON THE RIVER. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM

JUNE 24TH - 9AM-4PM - "DRIVERS SAFETY CLASS" - CALL PAUL GALANEK @ 770-591-9347 FOR RESERVATIONS.

JUNE 27TH - 4:30PM - "BRAVES VS CLEVELAND" - COST IS \$13.00 PER PERSON, PREPAID BY JUNE 10TH. BRING MONEY FOR DINNER AT THE STADIUM, THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 4:30PM, AND APPROX. TIME OF RETURN WILL BE 11:30PM.

Seniors in Action!



Valentine's Party



Chili Cook-Off Winners!

1st Place - George Trupiano (center)

2nd Place - Tom Sawyer (right)

3rd Place - Gayle Bautz (left)



**Lunch Bunch at
Semper Fi Bar and Grill**



**Volunteers separating and packaging
seedling trees for Arbor Day**

Bus Fee

The round trip mileage to and from the scheduled event(s) determines the per-person bus fee.

The fee schedule is as follows:

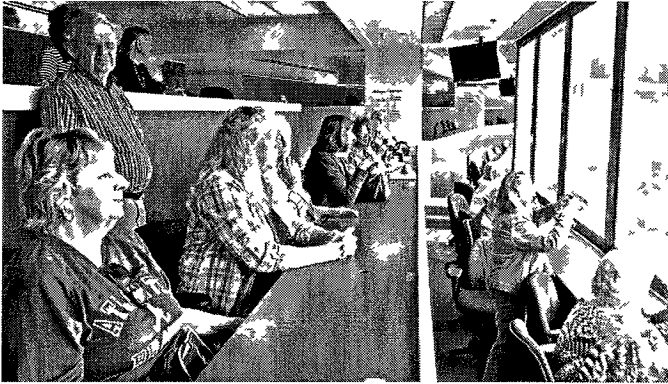
0 - 50 Miles:	\$1.00
51 - 100 Miles:	\$2.00
101 - 200 Miles:	\$3.00
Over 200 Miles:	\$4.00



The new awning over the front entrance definitely covers more area. It will be a great help in keeping folks dry as they open and close their umbrellas.

Making our kids jealous with all of the fun we're having!

Seniors in Action!



Radio Broadcast Booth at Turner Field



Relaxing in the Braves Dugout!



C.R.A.S.E. Class from Woodstock P.D.



Hiking Woodstock's Noonday Trail



our St. Patrick's Luncheon



**Bridge Tournament
Winners**

**Ron Kissel - 1st Place
Irene Jurnack - 2nd Place
Marie Ford - 3rd Place**



Great Bridge tournament participation!



Vote For Our Next Trip!



Our fall road trips are now on the board at the Senior Center and will be either a Nashville, TN Show Trip in Dec. 2016, or a Lancaster, PA Show Trip in Oct. 2016. Vote for the trip you would like to go on by signing your name to the sign-up sheet below the brochure. Both trips are being offer by the Senior Center through Diamonds Tours and the amount of signatures will determine which trip we go on.

Golf Lessons! *(with cards, not golf clubs)*

Learn the basics of the card game Golf!

This two-part class will be held on Thursday, May 5th and Thursday, May 26th, from 2:00pm until 3:30pm. The class size is limited to a maximum of 8 students to offer the best learning environment. This class is open for anyone interested in learning the game. This is a free class and a sign up sheet will be posted on the board.

Joann Priest is volunteering her time as the instructor.

Part 1 will be Thursday, May 5th. Part 2 will be Thursday, May 26th.

Bridge and Mahjongg Class

Our instructors for these classes will be taking a well deserved break for the summer months. Classes for Bridge and Mahjongg will resume in September. Please watch the July/August newsletter for time and dates.

Thank you!



AARP SMART DRIVER COURSE

At the William G. Long Senior Center

Call Paul Galanek at

770-591-9347

**for details and reservations
for the June 24, 2016 Class.**

9:00am to 4:00pm

Cost: AARP MEMBERS - \$15.00

NON AARP Members - \$20.00

Seats are limited

BRIGHT BEGINNINGS WEIGHT LOSS SUPPORT GROUP

**Meets on Thursday mornings
at the Senior Center**

**Weigh in is from 9:15 - 9:30am
Meeting starts at 9:30am**

**For more information,
contact**

**Rose Beauchamp @
sweetmaria1956@yahoo.com
or at 770-517-3799**

DAILY ACTIVITIES

Monday

- 9:00am - Billiards, Card Games, Chip Poker
- 10:00am - Line Dancing with Gayle Bautz
- 10:00am - Mahjongg
- 1:00pm - Chair Dancing with Gayle Bautz

Tuesday

- 9:00am - Hand & Foot, Bridge, Canasta, Pinochle
- 9:00am - Ladies Billiards
- 3:00pm - Wii Bowling

Wednesday

- 9:00am - Billiards, Card Games, Woodcarving
- 10:00am - Euchre
- 10:00am - Mahjongg
- 11:00am - Scrabble

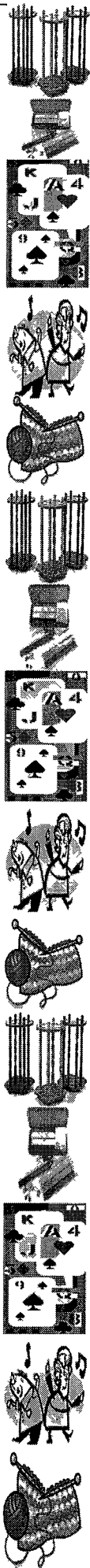
Thursday

- 9:00am - Chip Poker, Dominos, Card Games
- 9:30am - Weight Loss Group with Rose Beauchamp
- 10:00am - Line Dancing with Gayle Bautz
- 11:30am - Nimble Fingers

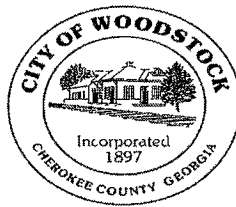
Friday

- 9:00am - Billiards, Hand & Foot
- 9:00am - Pinochle
- 10:00am - Mahjongg, Rummikub
- 1:00pm - Euchre

****All activities/times are subject to change...**



Wm. G. Long Senior Center
Woodstock Parks and Recreation Dept.
223 Arnold Mill Rd.
Woodstock, GA 30188



Standard
U.S. Postage Pd.
Woodstock, GA 30188
Permit No. 171

★ **Please refer to the date on the mailing label above for your membership date.** ★
★ **Your renewal membership is due one year from this date.** ★

Lotto Drawing Instructions for Trips

In order for all our members to have an equal chance to go on the trips we offer, the selection is done by a lotto drawing process. A lotto ticket is filled out by each member and given to a staff person prior to lotto day, which is listed on the calendar sent in the mail. On lotto day a separate drawing is done for each trip. The bus will hold 28 people therefore the first 28 names that are drawn are guaranteed a seat on the bus. If more than 28 have signed up for that trip, the remainder will go on a waiting list in the order they were drawn. After the lotto is completed, staff will post a list of trips with the members listed who were drawn for each trip including those drawn for the waiting list. Lotto tickets can be picked up anytime at the Senior Center.

Only trips that go on the bus need lotto slips filled out!

All others will be sign-up sheets and will be on the board the day after lotto.